




TREYNOR COMMUNITY SCHOOL

February, 2020 Breakfast & Lunch Menus



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Fresh Vegetable Bar Monday—Friday				
3 Juice or Fruit (1/2 c.) WG Cereal Breakfast Bar	4 Juice or Fruit Pancake Sausage Links	5 Juice or Fruit WG Cereal WG Banana Bread	6 Juice or Fruit Breakfast Pizza	7 Juice or Fruit WG Cereal Toast
Breakfast Pizza Sweet Potato Fries Veggie & Hummus Pears String Cheese 9-12 (6-12 Salad Bar)	Pasta & Meatballs Green Beans Bread Sticks Spinach Salad Applesauce (4-12 Salad Bar)	Beef Tacos Black Bean Salsa Potato Coins Lettuce, Tomato, Cheese Fruit (4-12 Salad Bar)	Hamburger on Bun Oven Fries Lettuce, Tomato, Onion Peaches Brownie (4-12 Salad Bar)	Stir Fry Seasoned Rice Vegetables Pineapple/Oranges (No Salad Bar)
10 Juice or Fruit (1/2c.) WG Cereal Breakfast Bar.	11 Juice or Fruit Pancake Sticks	12 Juice or Fruit Biscuits & Gravy	13 Juice or Fruit Mini Cinni Sausage Links	14 Juice or Fruit WG Cereal Long John
Cheese Pizza K-5 Fiestada 6-12 Corn Garden Spinach Salad Pineapple (6-12 Salad Bar)	Turkey& Noodles over Mashed Potatoes Peas Peaches WG Bread (4-12 Salad Bar)	Crispito's Black Beans and Rice Potato Coins Lettuce, Tomato, Cheese Fresh Fruit (4-12 Salad Bar)	Deli Sub Sandwich Broccoli & Cheese WG Chips Lettuce, Tomato Applesauce (4-12 Salad Bar)	Heart Shaped Nuggets Sweet Potato Fries Peaches WG Cookie (No Salad Bar) 
17 Juice or Fruit WG Cereal Breakfast Bar	18 Juice or Fruit French Toast Sticks Sausage	19 Juice or Fruit WG Cereal K-5 Breakfast Bar K-5 Grab-n-Go 6-12	20 Juice or Fruit K-5 Egg & Toast 6-12 Tornado's	21 Juice or Fruit WG Cereal Mini Strawberry Bagel
Mac & Cheese Corn Dog Mixed Vegetables Applesauce (6-12 Salad Bar)	Fried Chicken Drum- sticks Mashed Potatoes/Gravy Corn WG Bread Pears (4-12 Salad Bar)	Mr.Ribb K-5 BBQ Pork 6-12 Roasted Broccoli Triangle Potatoes Pineapple/Oranges (4-12 Salad Bar)	Alfredo Chicken Green Beans Breadsticks Spinach Salad Pears (4-12 Salad Bar)	Pizza Sticks K-5 School Made Pizza 6-12 Peas & Carrots Fruit Cookie (No Salad Bar)
24 Juice or Fruit (1/2c.) WG Cereal Breakfast Bar	25 Juice or Fruit Pancakes Sausage Links	26 Juice or Fruit WG Cereal K-5 Breakfast Bar K-5 Biscuits/Gravy 6-12	27 Juice or Fruit Omelet WG Toast	28 Juice or Fruit WG Cereal Breakfast Bar
French Toast Sticks Sausage Yogurt 9-12 Warm Apples (6-12 Salad Bar)	Chicken Sandwich Tater Tots Broccoli Slaw 6-12 Lettuce, Tomato Cherry Crisp (4-12 Salad Bar)	Cheese Ravioli Marinara Sauce Green Beans Garlic Bread Garden Salad Peaches (4-12 Salad Bar)	Chicken Wrap Savory Rice Steamed Carrots Fruit (4-12 Salad Bar)	Grilled Cheese Tomato Soup Peas Applesauce (No Salad Bar)

Elementary: \$1.35 Breakfast \$2.45 Lunch; Extra Milk \$0.50

MS-HS: \$1.35 Breakfast \$2.60 Lunch; Extra Milk \$0.50

(We reserve the right to make changes or substitutions as necessary.)

Breakfast includes 100% juice or fruit (1/2 cup required) and a milk choice. All lunches include a fruit or vegetable choice available each day and a daily milk choice.
Treyner Community School is an equal opportunity provider.